244 The Bambara groundnut ripens its seed underground. It is cultivated from the southern border of the Sahara to the Cape, but its primary home [31] is in the Sudan where the greatest number of cultivated varieties is found. (1)

1. Jacques Félix, for a study on the Bambara groundnut (Voandzeia subterrena), Agriculture tropicale [Tropical Agriculture], January-February, 1950. [Ed., Revue d'agronomie tropicale.]

Manioc and yams at certain points along the Niger escape the devastations of the Acridiidae insects which can not attack their roots.

Other crops are used to balance the diet: condiments and [263] fleshy plants, such as, pimento, sesame, various labiates, okra, [177] sorrel, squash, peanuts (imported in the sixteenth century from America). Peanuts, to thrive, need loose, light soil. They are sown in June at the beginning of the rainy season and are harvested in [252] November. The natives eat them roasted; they make oil and soap from them and give the stalks to their animals. Cultivation is entirely in the hands of the natives. In Senegal manpower is insufficient; [464] before 1940 thousands of Sudanese workers were called upon each [167] season, particularly Bambara, the "Navétanes," who hired themselves out to the farmers of Senegal in order to acquire the textiles and other products they needed. The peanut is an export product. Also cultivated are nitrogenous vegetables (Bambara groundnuts, black-eyed peas, dolichos, kissis, etc.) and the numerous and varied amaranths, tomatoes, eggplants, gourds, and, since 1940, potatoes which are grown more and more.

222 Finally, we will cite: a) the gathering of wild plants which 263 serve as condiments: the fruits of the baobab (Adansonia digitata), of the corchorus, of the Parkia biglobosa [néré], and of the karite tree (Butyrospermum), formerly called the "butter tree," which is cultivated to some degree -- the fruit is something like that of the palm tree and contains a core whose kernels enclose a fatty matter, shea butter, valued for making soap, as an illuminant, for the toilet; 222 b) the gathering of scarcity foods: baobab, cenchrus, cassia, the kola nut (Sterculia acuminata). Kola nuts are much prized by the natives;

177 basis of judicial decisions, and the Chambers also give advice on the
441 program of agricultural improvement undertaken by the administration and the welfare societies.

In Senegal, there are Chambers of Commerce, Agriculture and Industry at Dakar, Saint-Louis, Thiès, Kaolack, and Ziguinchor; in the Sudan, at Bamako; in Guinea and the Ivory Coast, at Conakry and Abidjan.

e. Work Regulation. Unions

464 Sparsely populated, West Africa lacks manpower. A decree of October 22, 1925, and an order of the Governor General of March 29, 1926, set the conditions by which workers could be recruited and work contracts established: salary, bonus, food, lodgings, medical care ... Individual or collective disputes between employers and employees are taken before arbitration boards presided over by a French employer and a native assistant judge.

464 An act of April 2, 1932, regulates the work of women and children. One of March 11, 1937, organizes the trade unions, and
467 a decree of March 20, 1937, the native professional associations. Others regulate collective agreements applying to work. The National Assembly has voted the Overseas Work Code which is beginning to be applied. African unions have developed a great deal in the course of these last years; there are six African unions in the Sudan. The complexity of labor problems has led to the creation at Dakar of an office to inspect manpower problems, this office being attached to the General Bureau of Political, Administrative, and Social Affairs.

[80]

CHAPTER 7

CULTURAL ASPECTS

I. Religion

771 One can never insist too much on the importance of religion. It governs the entire social, political, artistic, and even economic life of the country. No institution can be understood without knowing